

Race Date  
July 16, 2017

iCAN TRI Triathlon  
Adult Sprint

**Female**

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>		<u>Total</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Shainalea Zelazo	318	1 F 40-49	7	13:40.2	2:44	1:09.8	4	33:52.2	17.7	1:40.3	1	22:41.9	7:34	1:13:04.6
2	Elise Loftin	306	1 F 50-59	4	11:45.8	2:21	0:58.0	2	32:50.5	18.3	1:42.0	2	30:20.0	10:07	1:17:36.4
3	Geneva Perez	310	1 F 20-29	1	9:31.2	1:54	1:37.3	11	39:55.7	15.0	1:00.6	8	34:40.6	11:33	1:26:45.6
4	Tami Moore	308	2 F 40-49	12	14:48.8	2:58	1:24.2	5	35:04.0	17.1	2:04.1	7	33:42.5	11:14	1:27:03.8
5	Jackie Zehl	317	1 F 30-39	6	13:15.0	2:39	1:56.7	8	38:43.0	15.5	1:38.7	4	32:36.0	10:52	1:28:09.6
6	Laura Departee	304	2 F 30-39	2	11:18.1	2:16	1:37.6	13	41:35.4	14.4	1:05.5	5	33:19.8	11:06	1:28:56.5
7	Julie Rurik	312	2 F 50-59	3	11:18.2	2:16	1:34.0	14	41:45.4	14.4	1:00.7	6	33:19.8	11:06	1:28:58.2
8	Elizabeth Tello	314	2 F 20-29	14	17:23.8	3:29	1:39.4	7	35:21.6	17.0	1:34.3	9	34:48.2	11:36	1:30:47.4
9	Jessica Wilson	316	3 F 30-39	15	17:25.3	3:29	2:58.5	3	33:52.1	17.7	1:46.2	11	36:08.8	12:03	1:32:11.2
10	Melanie Ruvalcaba	313	3 F 40-49	5	12:17.1	2:27	2:31.4	10	39:06.8	15.3	1:39.6	13	39:51.6	13:17	1:35:26.7
11	Esther Postiglione	311	4 F 30-39	8	13:52.8	2:46	2:06.5	15	42:08.9	14.2	1:46.3	12	36:35.0	12:12	1:36:29.8
12	Leann Nowlin	309	5 F 30-39	10	14:07.3	2:49	2:34.7	16	43:04.8	13.9	2:01.0	10	34:48.4	11:36	1:36:36.4
13	Carrie Moore	307	6 F 30-39	13	16:22.2	3:16	2:37.9	6	35:11.2	17.1	2:07.4	14	42:49.7	14:16	1:39:08.6
14	Marisela Cordero	329	7 F 30-39	17	19:16.0	3:51	2:46.0	17	45:41.5	13.1	1:39.9	3	30:27.6	10:09	1:39:51.3
15	Heather Bacon-Putirka	301	3 F 50-59	9	14:06.9	2:49	2:56.5	9	38:59.1	15.4	2:35.6	16	44:47.7	14:56	1:43:25.9
16	Emelia Ebendick	305	1 F 60-99	16	18:36.9	3:43	1:36.8	12	41:13.4	14.6	3:06.4	15	43:45.7	14:35	1:48:19.5
DQ	Lisa Thompkins	315	DQ F 50-59	11	14:12.2	2:50	1:31.2	1	24:14.2	24.8	2:08.9	DQ	---	---	---

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				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	James Blocker	319	1 M 30-39	1	9:56.8	1:59	1:10.7	1	30:02.1	20.0	1:22.5	2	26:00.8	8:40	1:08:33.1
2	Joe Gentry	321	2 M 30-39	3	10:56.4	2:11	1:03.4	2	31:59.9	18.8	0:54.9	3	26:38.2	8:53	1:11:32.9
3	Ryan Racca	326	1 M 40-49	5	13:02.7	2:36	1:34.7	3	33:07.2	18.1	1:21.5	1	23:29.0	7:50	1:12:35.3
4	Kenny Hyatt	324	1 M 50-59	6	13:08.7	2:38	1:30.7	5	34:19.8	17.5	2:43.5	4	27:11.2	9:04	1:18:54.1
5	James Pallares	325	3 M 30-39	7	13:55.1	2:47	1:46.7	4	33:51.0	17.7	2:19.0	6	31:58.5	10:39	1:23:50.6
6	Efren Santos	330	2 M 50-59	9	15:43.1	3:09	2:14.8	8	38:01.3	15.8	1:48.5	5	31:32.4	10:31	1:29:20.3
7	Michael Schilling	327	3 M 50-59	2	10:00.3	2:00	2:12.6	7	35:51.0	16.7	2:21.0	9	39:01.2	13:00	1:29:26.3
8	Robert Gorman	323	1 M 60-99	4	11:19.2	2:16	2:20.4	6	35:32.8	16.9	1:54.4	8	38:19.4	12:46	1:29:26.4
9	Edward Gonzalez	322	2 M 40-49	8	14:26.9	2:53	1:40.2	9	38:02.8	15.8	2:19.7	7	37:03.7	12:21	1:33:33.6