

Race Date
July 17, 2016

iCAN TRI Triathlon
Overall Results

Adult Super Sprint

Female

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	Portia White	43	1 F 30-39	1	6:48.4		2:39.6	2	27:08.1	17.7	2:04.3	1	22:38.2	11:19	1:01:18.8
2	Laura Ramos	39	1 F 40-49	2	9:39.9		2:19.1	1	26:11.4	18.3	1:38.7	2	24:57.8	12:29	1:04:46.9
3	Jennie Gates	34	2 F 40-49	3	10:19.1		3:20.3	3	38:54.2	12.3	1:13.8	3	29:30.3	14:45	1:23:17.9

Race Date
July 17, 2016

iCAN TRI Triathlon

Overall Results

Adult Super Sprint

Male

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>-----</u>	<u>Swim</u>	<u>-----</u>	<u>T1</u>	<u>-----</u>	<u>Bike</u>	<u>-----</u>	<u>T2</u>	<u>-----</u>	<u>Run</u>	<u>-----</u>	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Nick Buchanan	31	1 M 60-99	2	7:13.4		3:08.4	1	20:55.0	22.9	2:01.5	2	16:58.4	8:29	50:17.0
2	Kenny Hyatt	35	1 M 50-59	3	8:59.1		1:42.3	3	27:31.5	17.4	2:08.7	3	20:20.9	10:10	1:00:42.7
3	Edward Robinson	40	2 M 50-59	7	11:24.4		4:37.0	4	28:24.0	16.9	1:04.1	1	16:01.4	8:01	1:01:31.2
4	Sean Brennan	41	3 M 50-59	6	11:18.6		1:57.6	2	27:26.1	17.5	1:05.3	4	21:11.3	10:36	1:02:59.1
5	Allen Chien	32	1 M 40-49	1	6:09.8		3:48.4	5	29:19.1	16.4	1:40.8	6	23:16.4	11:38	1:04:14.7
6	John Peck	38	4 M 50-59	4	10:16.6		5:11.6	7	30:14.1	15.9	1:55.1	5	22:23.3	11:12	1:10:00.9
7	Vladimir Kravtchenko	36	2 M 40-49	5	10:19.4		2:46.5	6	29:45.6	16.1	1:45.4	7	26:31.2	13:16	1:11:08.3
8	Christopher Denny	33	2 M 60-99	8	13:31.6		2:34.5	8	30:15.4	15.9	1:41.3	8	31:15.1	15:38	1:19:18.0
9	Micheal Jorgensen	42	5 M 50-59	9	14:12.3		6:14.6	9	46:00.1	10.4	4:13.6	9	40:56.0	20:28	1:51:36.7